

## PSUSD Resource Directory 2017/2018

### Eating Disorder Treatment:

#### **Casa Palmera Treatment Center (Del Mar):**

**Description:** Private pay facility with high-end amenities, treating co-occurring diagnoses, drug and alcohol problems, trauma, post-traumatic stress, and eating disorders. It's a 30-90 day in-patient program.

**Ages:** 18-70

**Eligibility Requirements:** None other than age and ability to pay.

**Payment:** Payment not disclosed. Private insurance may not cover the stay.

**Location:** 14750 El Camino Real Del Mar, CA. 92014.

**Phone:** 858-481-4411

#### **Loma Linda Medical University Behavioral Medicine Center:**

**Description:** Men and women suffering from eating disorders will be assisted in developing a healthy relationship with food and learning positive ways to deal with life's challenges.

**Ages:** Men and women over 18

**Eligibility Requirements:** Must be suffering from anorexia, bulimia or have mixed symptoms.

**Payment:** Most insurance is accepted. Many insurance companies cover eating disorder treatment.

**Location:** 1710 Barton Road Redlands, CA. 92373.

**Phone:** 909-558-9200

#### **Rebecca's House (Lake Forest):**

**Description:** Extended care program, partial day treatment, intensive in-patient, and recovery transitional living programs for co-occurring diagnoses, binge eating and anorexia, bulimia and body dysmorphia.

**Ages:** Young adult males and females.

**Eligibility Requirements:** None other than age and ability to pay.

**Payment:** Insurance accepted, financing available and works with patients on a sliding scale.

**Location:** 23792 Rockfield Blvd Suite 100 Lake Forest, CA. 92630.

**Phone:** 800-711-2062

#### **Valenta Eating Disorder Clinic:**

**Description:** Options for Partial Hospital Program, or after care program. The Partial Hospital Program is an outpatient eating, Depression and Anxiety disorder treatment (The patient returns home every evening and is home every weekend). The program runs Monday- Friday for 8 hours per day.

**Ages:** 12 & up.

**Eligibility Requirements:** None other than age and ability to pay.

**Payment:** Free assessment, accepts insurance and Medical to referred patients out.

**Location:** 9479 Haven Avenue Ranch Cucamonga, CA. 91730.

**Phone:** 909-771-8023

## Food Services (You may go to only one of these sites):

### Desert Chapel:

**Description:** Food bank available every 2<sup>nd</sup> Saturday of the month from 7:00 am until food is gone.

**Ages:** Adults and their families.

**Eligibility Requirements:** Low-income/ homeless.

**Payment:** Free. Donations accepted.

**Location:** 630 S. Sunrise Way Palm Springs, CA. 92262.

**Phone:** 760-327-2772

### Cavalry Bible Church:

**Description:** Food banks available Saturdays from 7:30am until 9:30am.

**Ages:** Adults.

**Eligibility requirements:** First come, first served basis.

**Payment:** Free. Donations accepted.

**Location:** 68-550 Dinah Shore Dr. Cathedral City, Ca. 92234

**Phone:** 760-775-3663

### JC Frey Building:

**Description:** Food bank available every Saturday 6:00 to 8:00 am.

**Ages:** Adults and their families.

**Eligibility Requirements:** Low-income, destitute or homeless.

**Payment:** Free. Donations accepted.

**Location:** 1911 E. Baristo Rd. Palm Springs, CA. 92262.

### Salvation Army:

**Description:** A social services organization that responds to disasters, feeds the homeless, and runs thrift stores.

**Ages:** Adults and their families.

**Eligibility Requirements:** Low-income, destitute circumstances or undesirable family situations.

**Food Distribution:** Thursdays from 2pm-6pm, please call for more information.

**Bus Pass Availability:** Contact - Liz Campos directly @ 760-424-5741

**EAF Program:** Emergency Assistance Funds - \$100 towards SCE bill (once a year only) by appointment only.

Contact Liz Campos @ 760-424-5741 for more information.

**Free AIDS Testing:** 1<sup>st</sup> Tuesday of the month between 2-6pm

**Payment:** Free. Donations accepted.

**Location:** 30400 Landau Blvd. Cathedral City, CA. 92234.

**Phone:** 760-324-2275

### St. Elizabeth Catholic Church

**Description:** Food bank available every Tuesday from 8:00 am to 10:00 am.

**Ages:** Adults and their families.

**Eligibility Requirements:** Self-Qualify, provides emergency food.

**Payment:** Free

**Location:** 66700 Pierson Blvd. Desert Hot Springs, CA 92240

**Phone:** 760-329-8794

### Iglesia Un Manantial en el Desierto:

**Description:** Food bank available last Friday of the month from 9:00am until finished.

**Ages:** Adults

**Eligibility Requirements:** Self-qualify.

**Payment:** Free.

**Location:** 17-989 Corkhill Rd. Desert Hot Springs, Ca. 92241

**Phone:** 760-775-3663

### St. Louis Catholic Church:

**Description:** Food bank available first three Fridays and forth Saturday of the month from 9:00 am to 11:00 am.

**Ages:** Adults and their families.

**Eligibility Requirements:** Low-income, destitute circumstances or undesirable family situations.

**Payment:** Free. Donations accepted.

**Location:** 68633 C St. Cathedral City, CA. 92234.

**Phone:** 760-328-2398

## Food Services-Continued

### St. Teresa's Catholic Church

**Description:** Food bank available every Monday from 7:00 am to 8:30 am.

**Ages:** Adults and their families.

**Eligibility Requirements:** Low-income or destitute circumstances, picture I.D.

**Payment:** Free. Donations accepted.

**Location:** 2800 E. Ramon Road. Palm Springs, CA. 92262.

**Phone:** 760-323-2669

### The Well in the Desert:

**Description:** Food bank available every Saturday from 6:00 am to 7:30 am.

**Ages:** Adults and their families.

**Eligibility Requirements:** Low-income, destitute circumstances or homeless.

**Payment:** Free. Donations accepted.

**Location:** 441 S. Calle Encilia, Palm Springs, CA 92262 (Cooling Center)

**Phone:** 760-656-8905

### FOOD NOW

**Description:** Free weekly food distribution for low-income residents of Coachella Valley. Distribution hours are Wednesdays and Thursdays at 8am and 10am. Registration is on Wednesdays at 11am.

**Ages:** Adults and their families.

**Eligibility Requirements:** Proof of Low-income, proof of address and proof of children.

**Payment:** No Fees

**Location:** 14080 Palm Dr. Suite E Desert Hot Springs, CA 92240

**Phone:** 760-288-7878 ext. 2

### The Center:

**Description:** Food bank, weekly distribution for low-income residents on Thursdays at 6:00pm-8:00pm.

**Ages:** Adults

**Eligibility Requirements:** Low income.

**Payment:** Free.

**Location:** 610 S. Belardo Rd. Palm Springs, Ca. 92264

**Phone:** 760-775-3663

### Cathedral Center

**Food Distribution-** 1st & 3rd Monday of the month from 8:30am to 9:30am

**Eligibility Requirements:** Proof of Low-income

**Payment:** No Fees

**Location:** 137-171 W. Buddy Rogers, Cathedral City, CA 92234

**Contact:** James Martinez 760-321-1548

## Meals for the Homeless/Hungry

### **The Well in the Desert – Mobile Food Bank**

**Mon. & Tues.:** 11am to 1pm

First Baptist Church located at 588 W. Rosa Parks Palm Springs, CA

760-325-2650

**Wednesdays:** 11am to 1pm

St Paul's in the Desert Episcopal Church located at 125 W. El Alameda North Palm Springs, CA

760-320-7488

**Thursdays:** 11am to 1pm

Our Lady of Solitude Catholic Church located at 151 N. Alejo Rd. Palm Springs, CA

760-325-3816

**Fridays:** 11 am to 1pm

Our Lady of Guadalupe Catholic Church located at 204 S. Calle El Segundo Palm Springs, CA

760-325-5809

**Sunday to Friday:** 11am to 1 pm

Frey Building located at 1911 Baristo Rd. Palm Springs, CA

760-327-8577

**Sundays:** 10:00am to 12:30pm

Hot lunch at Sunrise Park, corner of Ramon and Sunrise

## Health Services:

### Desert Regional Medical Center:

**Description:** Not-for-profit Comprehensive health services and community programs.

**Ages:** All ages

**Eligibility Requirements:** Please contact desert Regional Medical Center.

**Payment:** Please contact Desert Regional Medical Center.

**Location:** 1150 N. Indian Canyon Dr. Palm Springs, CA 92262

**Phone:** 760-323-6511

### Eisenhower Medical Center:

**Description:** Comprehensive health services, support groups and community programs.

**Ages:** All ages

**Eligibility Requirements:** Please contact Eisenhower Medical Centers.

**Payment:** Please contact Eisenhower Medical Centers.

**Location:** 39000 Bob Hope Drive Rancho Mirage, CA 92270

**Phone:** 760-340-3911

### Medi-Cal:

**Description:** No or low-cost health coverage for California residents with limited income and resources.

**Ages:** All ages

**Eligibility Requirements:** Individuals may be automatically eligible for Medi-Cal benefits if they receive cash assistance from one of the following programs: SSI, CalWORKs, RCA, Foster Care, Adoption Assistance Program, kin-GAP. Others who may be eligible are those who are: age 65 or older, blind, disabled, under 21, pregnant, diagnosed with breast or cervical cancer, in a skilled nursing or intermediate care facility.

**Payment:** No Fees

**Location:** 68612 Perez Road Suite 9A Cathedral City, CA 92234

**Phone:** 760-770-2300

### Riverside County Family Care Center (Teen Clinic):

**Description:** Offers confidential counseling, information and education to help prevent pregnancy and sexually transmitted diseases (Every Wednesday from 1 pm to 4 pm).

**Ages:** 12 through 17

**Eligibility Requirements:** None, no appointment necessary.

**Payment:** Free for teens.

**Location:** 1515 N. Sunrise Way Palm Springs, CA 92262

**Clinic Phone:** 760-778-2210

**Appointments:** 1-800-720-9553

### Smile Factory

**Description:** Palm Springs based mobile dental clinic provides free dental treatment for children.

**Ages:** 4 through 11

**Eligibility Requirements:** Low-income ages 4 through 11

**Payment:** No Fees

**Location:** 41865 Boardwalk Ste. 210 Palm Desert, CA 92211

**Phone:** 760-773-5747

### WIC:

**Description:** Provides assistance to Riverside families to help them meet their nutritional needs. Food, supplements, and groceries are offered to low-income breast-feeding women, infants, and children up to age 5 and pregnant women who would have a medical or nutritional risk without proper nutrition.

**Ages:** Varies

**Eligibility Requirements:** Low-income, women who breast-feed infants and children up to age 5 years of age.

**Payment:** No Fees

**Location:** 1515 North Sunrise Way Palm Springs, CA 92262

**Phone:** 800-455-4942

## Health Services Continued:

### **Cathedral City Family Medical**

**Description:** General family medical services for insured and non-insured patients; accepts walk-in services. Free sports physicals for high school students.

**Ages:** All ages

**Eligibility Requirements:** Straight Medi-Cal patients must be under 18 years of age. IEHP/Molina Health members must be assigned to this general Dr. Blue Cross members must be under HMO and also assigned to this general Dr. Non-insured patients are welcome on cash basis for services.

**Payment:** Accepts Medi-cal, IEHP, Molina and Blue Cross Insurance. \$40 walk-in non-insured office visits, \$40 child physical exams and FREE high school sports physicals (must bring your own form). Call office for additional co-pay, exam and service costs;

**Location:** 34131 Date Palm Dr. #F2 Cathedral City, CA 92234

**Hours:** Mon. – Fri. 8:30 am to 5:00 pm, Sat. & Sun. 8:00 am to 12:00 pm.

**Walk-in Hours ONLY:** Mon. – Fri. between 8:30 am to 11:00 am and 1:00 pm to 3:00 pm

**Phone:** 760-770-4600

### **Cathedral Medical Clinic**

**Description:** Cash based affordable/low cost comprehensive family medical care for non-insured ONLY services. Open 7 days a week, walk-in basis and no appointment needed. Offer a variety of services, exams and referrals. Free glucose and blood pressure exams every Tuesday and Thursday from 8:00 am to 10:00 am.

**Ages:** All ages

**Eligibility Requirements:** Cash based and non-insured services only, no insurance accepted (only for filling prescriptions thru Medi-Cal & other insurance carriers).

**Payment:** \$25 Walk-in non-insured consultation/office visits. \$45 high school sports physical. Call office for additional service costs.

**Location:** 31755 Date Palm Dr. Ste. #M Cathedral City, CA 92234

**Hours:** Mon. - Fri. 8:00 am to 8:00 pm, Sat. & Sun. 8:00 am to 2:00 pm

**Website:** [www.lowcosthealthclinics.com](http://www.lowcosthealthclinics.com)

**Phone:** 760-770-3399

### **Centro Medico Cathedral City (Borrego Community Health Foundation)**

**Description:** Primary and preventive services for community members of all ages.

**Ages:** All ages

**Payment:** Low-income

**Location:** 69175 Ramon Rd. Bldg. A Cathedral City, CA 92234

**Phone:** 760-321-6776

### **Desert Hot Springs Community Health (Borrego Community Health Foundation)**

**Description:** Primary and preventive services for community members of all ages.

**Ages:** All ages

**Payment:** Low-income

**Location:** 11750 Cholla Dr. Desert Hot Springs, CA 92240

**Phone:** 760-676-5240

### **First Steps Pre-Natal Care**

**Description:** Health care for pregnant woman and teenagers and preventive services for community members.

**Ages:** Woman and teens

**Payment:** Medi-Cal, IEHP & Family Package

**Location:** 34151 Date Palm Dr. Cathedral City, CA 92234

**Phone:** 760-770-0210

## Housing Resources:

### American Red Cross, Palm Desert Office:

**Description:** Disaster relief, and emergency shelter, food and medical services.

**Ages:** Adults and their families.

**Eligibility Requirements:** Poverty/ disaster needs.

**Payment:** No Payment. Donations accepted.

**Location:** 39665 Entrepreneur Lane Suite A Palm Desert, CA. 92211.

**Phone:** 888-831-0031, 760-773-9105

### Coachella Valley Housing Coalition:

**Description:** Helping low- income families find housing by having them build their own brand new home. Helping higher income families with poor credit own a home that is already built. Cooling center hours during summer are from 8am-3pm.

**Ages:** Works with the parents/ adults only.

**Eligibility Requirements:** Need to be working at a stable job for least 2 years. Self-help option: Must have good credit (at least 640) or can build their credit while the application is being processed. As well as no collection on credit report. Income requirement varies.

**Payment:** Application fee of \$10 (if single or married), \$12 (if unmarried couple) and \$20 different individuals (2 persons, i.e. mom/son). To be filled in person.

**Address:** 45701 Monroe Street Suite G Indio, CA 92201

**Phone:** 760-347-3157

### Path of Life Ministries:

Administrative Office – 951-786-9048

Family Shelter – 951-275-8755

Shelter Address - 2530 3rd St, Riverside, CA 92507

### Coachella Valley Rescue Mission:

**Description:** Homeless shelter which holds up to 75 individuals per night. They get access to case managers, showers, meals, fresh clothes and long-term residence if required. Lines open at 3:00 pm each day for the evening. First come first serve, can stay up to 90 consecutive days.

**Ages:** Children can stay with parents. Not for minors, but they can stay one night and work with a case manager to get a referral to an organization that works with children.

**Eligibility Requirements:** They ask for identification of some kind. If the individual does not have identification, they can stay the first night and then work with a case manager to get one.

**Program Assistant:** Aribel Gauto

**Payment:** No Fees, Donations accepted.

**Location:** 47470 Van Buren Blvd St. Indio, Ca. 92201

**Phone:** 760-347-3512; **Intake Phone:** 760-851-2160

**Website:** www.cvrvm.org

### Coachella Valley Services and Overnight Shelter (Desert SOS):

**Description:** Under this umbrella, several programs operate to assist low-income or homeless find shelter. Desert Horizon places homeless into transitional housing. Roy's Desert Resource Center offers permanent housing to help people get back on their feet and Desert Vista is a permanent housing solution to homeless men and women with disabilities and that have been chronically homeless for up to one year.

**Ages:** Mainly adults and their children.

**Eligibility Requirements:** Certain income requirements may apply. Some services are only offered to adults with disabilities.

**Payment:** Free, Waitlist.

**Address:** 400 S. Farrell Dr. Ste. B205 Palm Springs, CA 92262

**Phone:** 760-327-4394

## Housing Resources Continued:

### Housing Authority of the County of Riverside:

**Description:** Government regulated program that provides affordable, decent, safe and sanitary housing to low and moderate-income families (including elderly and disabled). Section 8 Program, waitlist requirements vary depending on funding. The Affordable Public Housing Program is always accepting new applicants to the waiting list.

**Ages:** Adults and their children. The elderly and homeless will be moved toward the top of the waitlist.

**Eligibility Requirements:** Application available online or to be mailed in. Income eligibility based on a sliding scale. Identification and proof of income required.

**Payment:** No Fee to apply

**Location:** 44199 Monroe St. Suite B Indio CA 92201

**HARIVCO.org**

**Phone:** 760-863-2828

### Martha's Village and Kitchen:

**Description:** Shelter and emergency services, career workshops and educational assistance. Food, diapers and formula distribution: 8:30 to 10:00 am, Monday through Friday (With ID, social security number and address). Every third

Wednesday: 8:00 to 10:00 am, Fine Food Distribution, also provides lunch cards for lunch service from 11:00 to 12:00 pm every day. Clothing vouchers: 8:30 am, Monday through Friday, but only offered twice per year. Career and educational

assistance: Help with GED, diplomas, resumes, practice interviews, and vouchers to obtain ID's.

**Ages:** Families of all ages. Mainly services for the adults and their families.

**Eligibility Requirements:** Low income, waitlist and referrals from any agency.

**Payment:** No payment required. Donations accepted.

**Location:** 83791 Date Avenue Indio, CA 92201

**Donation Scheduling:** 760-775-6060 option 1

**Phone:** 760-347-4741 & Housing Referrals Fax: 760-775-5162

### Safe House of the Desert:

**Description:** 24-hour shelter for youth in crisis or in need of detox, 3 meals provided daily and counseling twice a week. Groups: (drug and alcohol etc.) every day for 3 weeks only. If the problem is not resolved or if they have nowhere to go, they can stay a little longer (if approved by a counselor). Also onsite is the Anderson House, which serves ages 18-22. They work to help them find jobs, health care and housing and teach them how to save their money to assimilate back into the community.

**Ages:** 11 through 17

**Eligibility Requirements:** They don't turn anyone away. Mainly services for those who are either homeless or having problems at home.

**Payment:** Donations accepted. No fee if the child comes in on their own.

**Address:** 72710 E. Lynn Street Thousand Palms, CA 99276

**Phone:** 760-343-3211

### Salvation Army (Provides many services in addition to housing):

**Description:** Group homes, emergency shelters and transitional living centers. Provide housing, food and overnight lodging for varying amounts of time for those in need. In addition, they provide educational, counseling and vocational services to homeless, individuals, families, and youth. For those families with temporary needs, family service programs help with emergency food, housing and utility assistance.

**Ages:** Youth/adults.

**Eligibility Requirements:** Low-income, destitute circumstances or undesirable family situations.

**Payment:** Free. Donations accepted.

**Family Services:** Liz Robledo

**Location:** 30400 Landau Blvd. Cathedral City, CA 92234

**Phone:** 760-324-2275



## Housing Services - Continued

### Shelter from the Storm:

**Description:** Only for victims of domestic violence (men and women). Emergency shelter, individual and group therapy, outpatient services, and help with restraining order paperwork and legal questions. Shelter is not gender segregated. (No longer provide outreach services for Palm Springs, Cathedral City or Desert Hot Springs, but can refer families to the Indio or Palm Desert offices)

**Ages:** Can accept children under 16 with mother as a victim. Group or individual counseling is open to minors, with parental consent.

**Eligibility Requirements:** None. No social security required.

**Payment:** No fee for people who can't make payments. Slide pay scale option.

**Address:** 73550 Alessandro Drive Suite 103 Palm Desert, CA 92260

**Phone:** 760-328-7233 (Hotline)

**Counseling Center:** 760-674-0400

## Mental Health Resources:

### Barbara Sinatra Children's Center:

**Description:** Individual and group counseling for children who are victims of abuse or domestic violence. Psychological, sexual abuse and psychiatric assessments are available. Works with children diagnosed with a psychological disorder and runs a teen girls self-esteem program.

**Ages:** Clients are children (up to 17), but they do family therapy as well.

**Eligibility Requirements:** No child is turned away for a family's inability to pay.

**Payment:** Accepts Medi-Cal & Sliding scale.

**Location:** 39000 Bob Hope Dr. Rancho Mirage, CA 92270

**Phone:** 760-340-2336

### CHARLEE Family Care:

**Description:** Individual and family counseling for youth, teens and their adult caregivers.

**Ages:** All ages, with consent.

**Eligibility Requirements:** Demonstrate a need for services.

**Payment:** Accepts Medi-Cal.

**Location:** 45691 Monroe St. Indio, CA 92201

**Phone:** 760-342-5727

### Childhelp USA:

**Description:** Services for abused or neglected children. These services include community centers, group homes, foster care placement and residential treatment facilities for those with a court referral for severe abuse or neglect. The facility is located in a residential facility. By calling the Childhelp National Child Abuse hotline, crisis counselors can help you with the next steps.

**Ages:** Children up to 17.

**Eligibility Requirements:** Abuse or neglect.

**Payment:** Accepts Medical.

**Phone:** 951-845-3155

**Hotline:** 800-422-4453

### Jewish Family Services of the Desert:

**Description:** JFS offers mental health and grief counseling services, as well as support groups for teens to seniors. They also have a KidsFirst counseling program and the KidsFirst Healthy Life program (which are school based).

**Ages:** Elementary School to Senior

**Eligibility Requirements:** Age of consent (12) for services and does not only serve the Jewish community.

**Payment:** Accepts Medi-Cal, Sliding scale available and accepts most insurance carriers.

**Location:** 801 E Tahquitz Canyon Way #202 Palm Springs, CA 92262

**Phone:** 760-325-4088

**Second Location:** 73750 Catalina Suite A Palm Desert, CA 92260

**Phone:** 760-779-9400

### Riverside County Department of Mental Health (Indio clinic):

**Description:** Adult clinics provide services to adults suffering from severe and persistent mental health problems. These services include crisis intervention, psychiatric assessments, recovery management, medication services, case management and dual-diagnosis treatment. There is also an urgent care program, peer-to-peer recovery services and outreach to mentally ill homeless. They also help with housing assistance; children's mental health clinics provide services to children with severe emotional and behavioral problems. Services include psychiatric evaluations, medication services, individual and family therapy and case management services.

**Ages:** 12- Senior.

**Eligibility Requirements:** None specified. Usually serves low-income populations.

**Payment:** Low cost- sliding scale or free.

**Location:** 47825 Oasis Street Indio, CA 92201

**Phone:** 760-863-8455

## Social Services:

### County of Riverside Department of Public Social Services:

**Description:** Provides information on how to apply for Medi-Cal, food stamps, CalWORKs, or CalFRESH. Also, provides information about how to become an adoptive parent, foster parent, or report elder, dependent or child abuse and information about how to receive in home support services.

**Ages:** Adults and their families.

**Eligibility Requirements:** Requirements vary depending on the service requested.

**Payment:** Not applicable.

**Address:** 68625 Perez Rd # 3, Cathedral City, CA 92234

**Phone:** (760) 773-6700

### Family Resource Center

**Description:** Provides assistance through family, children's and adult services.

**Ages:** All ages welcome

**Eligibility Requirements:** Depending on the service(s) requested

**Payment:** Not Applicable

**Address:** 14201 Palm Drive Suite 110 Desert Hot Springs, CA 92240

**Phone:** 760-329-2797

## Substance Abuse Treatment:

### ABC Recovery Center:

**Description:** Detox, primary residential treatment, perinatal residential treatment, day treatment, outpatient and transitional/ sober living programs all available for adults suffering from substance abuse.

**Ages:** 18 and over.

**Eligibility Requirements:** Waitlist. It serves both men and women and also needs to undergo an assessment/ intake process.

**Payment:** Accepts all forms of payment: check, money order, credit card, insurance and payment plan.

**Location:** 44359 Palm Street Indio, CA 92201

**Phone:** 760-342-6616

### Latino Commission Counseling Center

**Description:** Outpatient and inpatient substance abuse and mental health services for adolescents.

**Ages:** 12 through 18

**Eligibility Requirements:** None

**Payment:** Medical, IEHP, & cash.

**Location:** 1612 First St. Coachella, CA 92236

**Phone:** 760-398-9000

### Betty Ford Center:

**Description:** Detox, in-patient, residential day treatment, intensive outpatient and pain management programs available to help adults suffering from addiction. Clients have access to individual and group therapies. In the children's program, the family under goes a weeklong treatment together.

**Ages:** 18 and over. The children's program works with the children of addicts, ages 7 to 12.

**Eligibility Requirements:** Also, needs to undergo an assessment/ intake process.

**Payment:** Comprehensive pricing. No child is turned away for inability to pay.

**Location:** 39000 Bob Hope Dr. Rancho Mirage, CA 92270

**Phone:** 760-773-4100

### Casa Cecilia:

**Description:** Residential long term treatment (more than 90 days) and in-patient services for women seeking treatment for substance abuse. Provide individual counseling for women with children. Also, helps you obtain food stamps.

**Ages:** Adults.

**Eligibility Requirements:** Treats only women. Waitlist and also needs to undergo an assessment/ intake process.

**Payment:** Self-payment. Sliding scale assistance based on income and other factors. Medi-cal.

**Location:** 83385 Rosa Avenue Thermal, CA 92274

**Phone:** 760-398-2008

**Care Line:** 800-499-3008 (to register)

### Casa Las Palmas:

**Description:** Residential long term treatment (more than 30 days) and in-patient services for men seeking treatment for substance abuse.

**Ages:** Adults.

**Eligibility Requirements:** Treats only men. Waitlist and also needs to undergo an assessment/ intake process.

**Payment:** Accepts Medical.

**Location:** 83844 Hopi Avenue Indio, CA 92201

**Phone:** 760-398-9000, 760-367-9442

### Ranch Recovery Centers Hacienda Valdez:

**Description:** Residential short-term (30 days or less), residential long-term (90 days or less), detox treatment and halfway house services available.

**Ages:** Woman only.

**Eligibility Requirements:** Waitlist and needs to undergo an assessment/ intake process.

**Payment:** Self-payment and private health insurance accepted.

**Location:** 12890 Quinta Way Desert Hot Springs, CA 92240

**Phone:** 760-329-2959

## Substance Abuse Treatment - Continued

### Riverside County Substance Use/Prevention Services

**Description:** Out-patient substance abuse counseling for adolescents.

**Ages:** 11 through 18

**Eligibility Requirements:** Needs to undergo an assessment/intake process.

**Payment:** Medical, sliding fee scale.

**Locations:**

Cathedral City – 68615 Perez Rd. Ste. 6A Cathedral City, CA 92234

Indio – 83912 Avenue 45 Ste. # 9 Indio, CA 92201

Desert Hot Springs—14320 Palm Dr. Desert Hot Springs, Ca. 92240

**Hours:** Mon – Friday from 8 am to 5 pm

**Phones:**

Cathedral City - 760-770-2286

Indio - 760-347-0754

### Michael's House Treatment Center

**Description:** The program serves to provide individual and group therapy, holistic services, educational groups, relapse prevention and a variety of other services.

**Ages:** 18 and older

**Location:** 2095 N. Indian Canyon Dr. Palm Springs, CA 92262

**Payment:** Option available upon request

**Telephone:** 877-714-1318

## Telephone Hotlines (Abuse):

### Adult Abuse Hotline

**Description:** This hotline offers confidential consultation and referral information for adult or domestic abuse.

**Phone:** 800-491-7123

### Child Abuse Hotline:

**Description:** This hotline is for information regarding how to report suspected child abuse.

**Phone:** 800-422-4453

## Telephone Hotlines (Crisis/Suicide):

### HELP Line 24-Hour Crisis/ Suicide Hotline:

**Description:** The HELP line is a free, confidential Crisis/Suicide Intervention service.

**Phone:** 951-686-4357

### National Suicide Prevention Hotline:

**Description:** Crisis hotline for people contemplating suicide or information regarding how to help someone who is contemplating suicide.

**Phone:** 800-273-8255

### Riverside County 24-Hour Crisis Line: 211

**Description:** This hotline offers support, consultation and referral for people of all ages in a current state of crisis.

**Phone:** 800-464-1123

### The Trevor Lifeline:

**Description:** National organization providing crisis/suicide prevention to lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth.

**Phone:** 866-488-7386

## Telephone Hotlines (Eating Disorders):

### **EDRefferal.com:**

**Description:** Referral line for the treatment of eating-related disorders (Referrals online only).

**Phone:** 858-792-7463

## Telephone Hotlines (Parenting):

### **Foster/Adoptive Parent Hotline:**

**Description:** Information line for foster or adoptive parents and for receiving services related to parenting.

**Phone:** 800-665-5437

### **Foster Care Resources:**

**Description:** Information line for foster eligibility and related services.

**Phone:** 760-863-7631

### **Parent Telephone Support Line:**

**Description:** This hotline offers support, consultation and referral for parents of a child in need of mental health services. Parenting classes provided at Family Resource Center at Desert Hot Springs.

**Phone:** 888-358-3622

## Telephone Hotlines (Substance Abuse):

### **Al-Anon / Ala-teen:**

**Description:** Information regarding free Ala-non/Ala-teen meetings in the desert region. Ala-non/Ala-teen is a support group for people (or teens) affected by the alcohol abuse of a loved one.

**Phone:** 888-425-2666

### **Alcoholics Anonymous:**

**Description:** Information regarding free Alcoholics Anonymous meetings in the desert region.

**Address:** 35-325 Date Palm Dr. Suite 134 Cathedral City, Ca. 92234

**Phone:** 760-324-4880

**Payment:** No cost

**Location:** 35-325 Date Palm Dr. Suite 134 Cathedral City, Ca. 92234

### **Co-Da (Co-Dependents Anonymous):**

**Description:** Information regarding free CoDa meetings in the desert region. CoDa is a support group for children and families who are working through co-dependency issues related to drug abuse.

**Phone:** Katie M. 760-832-1503

### **Detox Referral Line:**

**Description:** Information regarding referrals for substance abuse detoxes programs.

**Phone:** 800-499-3008

### **Nar-Anon:**

**Description:** Information regarding free Nar-Anon meetings in the desert region. Nar-Anon is a support group for family members impacted by the drug abuse of a loved-one. No bilingual service available.

**Phone:** 800-477-6291

**Website:** [www.nar-anon.org](http://www.nar-anon.org)

### **Narcotics Anonymous:**

**Description:** Information regarding free Narcotics Anonymous meetings in the desert region.

**Phone:** 760-346-5800

# Telephone Hotlines (Teen and Adults LGBTQ):

## LGBTQ National Help Center:

**Description:** Serving gay, lesbian, bisexual, transgender, and questioning people by providing free and confidential peer support.

**Ages:** GLBLT National Hotline: Adults and GLBT Youth Talk-line: Serving youth through age 25.

**Eligibility Requirements:** None

**Payment:** No Cost

**Location:** National

**Phone:** National Hotline 888-843-4564

**Phone:** Youth National Hotline 800-246-7743

**Website:** www.glbthotline.org

## Transportation

### Sun Dial:

**Description:** Provides safe and environmentally conscious public transportation services and alternative fuel solutions to meet the mobility needs of the Coachella Valley.

**Ages:** Youth (5 to 17 yrs.) adults, seniors 60+ / Disabled / Medi-Care

**Eligibility Requirements:** Poverty/ disaster needs.

**Payment:**

<b>ADULT (18 - 59 yrs)</b>	<b>\$1.00</b>
<b>YOUTH * (5 - 17 yrs)</b>	<b>85¢</b>
<b>SENIOR 60+ / DISABLED / MEDICARE**</b>	<b>50¢</b>
<b>TRANSFER (unlimited rides within two hours)</b>	<b>25¢</b>

<b>SUNBUS PASSES</b>	<b>* ADULT</b>	<b>** YOUTH</b>	<b>***SENIOR 60+ / DISABLED</b>
<b>DAY PASS - unlimited use for one day</b>	<b>\$3.00</b>	<b>\$2.00</b>	<b>\$1.50</b>
<b>10-RIDE PASS</b>	<b>\$10.00</b>	<b>\$8.50</b>	<b>\$5.00</b>
<b>31-DAY PASS - unlimited use for 31 consecutive days</b>	<b>\$34.00</b>	<b>\$24.00</b>	<b>\$17.00</b>

**Location:** 32505 Harry Oliver Trail Thousand Palms, CA 92276

**Phone:** 760-343-3451

## Utility Assistance:

### Southern California Edison

**Description:** Through the California Alternative Rates for Energy (CARE) and Family Electric Rate Assistance (FERA programs), income qualified customers receive between 12-30% discount on electric and natural gas bills. Depending on eligibility customers will be placed into the program that best suits their needs.

- Care California Alternate Rates for Energy (CARE) and Family Electric Rate Assistance (FERA) programs can help CARE and FERA provide a monthly discount on electric rates for low income household relief.
- FERA customers who are eligible homeowners/home renters receive a 30% discount on their electric/gas bill or a 12% discount through the FERA program.
- Apartment renters who are sub-metered tenants that do not receive a bill directly from SCE but directly from their landlord may still qualify for the program and receive a discount.

**Eligibility Requirements:** Total household income is at or below 20% of the federal poverty level. You may qualify for CARE if you or someone in your home participates in at least one the eligible public assistance programs listed below:

Effective: 6/1/16 through 5/31/17.

## Utility Assistance Continued:

- Medi-Cal/Medicaid
- CalFresh/SNAP (Food Stamps)
- WIC
- Medi-Cal for families (Healthy Families A&B)
- LIHEAP
- Supplemental Security Income (SSI)
- National School Lunch Program (NSLP)
- Bureau of Indian Affairs General Assistance
- Head Start Income Eligible (Tribal Only)

You may also qualify for CARE or FERA if you meet the income guideline qualifications. If you are already enrolled, make sure you still qualify, see the chart below for information. The maximum household income is effective June 1, 2016.

Household Size	Total Combined Annual Income (CARE)	Total Combined Annual Income (FERA)
1 or 2	Up to \$32,040	Not Eligible
3	\$40,320	\$40,321 - \$50,400
4	\$48,600	\$48,601 - \$60,750
5	\$56,880	\$56,881 - \$71,100
6	\$65,160	\$65,161 - \$81,450
7	\$73,460	\$73,461 - \$91,825
8	\$81,780	\$81,781 - \$102,225

Add \$8,320 for each additional household member for CARE and \$8,320 - \$10,400 for FERA.

Pacific Gas & Electric – 1-800-743-5000

Applications are available on SCE's website.

1-800-798-5723 [www.sce.com/careandfera](http://www.sce.com/careandfera)

### Medical or Life Support Equipment Assistance

#### a. Medical Baseline Allowance

An additional 16.5 kilowatt-hours (kWhs) per day of low-priced "baseline" energy is provided year round for persons with certain medical conditions. Applications are available on SCE's website.

1-800-655-4555, 1-800-441-2233 for Spanish

[www.sce.com/Customerservice/rates/residential/medical-baseline-allocation.htm](http://www.sce.com/Customerservice/rates/residential/medical-baseline-allocation.htm)

### Low-Income Energy Efficiency

#### b. Energy Management Assistance Program

Helps income-qualified households conserve energy and reduce their electricity costs. SCE pays all the purchasing and installing energy-efficient appliances (Refrigerators, air conditioners, etc...) and equipment, which are free to eligible customers. Other services include energy efficient light bulbs and weatherization measures.

1-800-736-4777 Mon. to Fri. 8:00 am – 8:00 pm Sat. 8:00 am – 5:00 pm

[www.sce.com/wps/portal/home/apps/forms/energymgmtassistance](http://www.sce.com/wps/portal/home/apps/forms/energymgmtassistance)

#### c. Energy Assistance Fund

Provides one-time assistance of \$100.00 during a one-year period; Applications are taken by appointment only from 8:30 am to 12:00 pm and then 1:00 pm to 4:30 pm Monday -Thursdays at the Catholic Charities 83180 Requa Ave. Suite 9 Indio, CA 92201. Call 760-342-0157 for more information. (Once a week in Palm Springs area)

**Phone:** 800-427-2200



# Utility Assistance continued:

## Southern California Gas Company

**Description:** Through the CARE program, So Cal Gas offers a 20% discount to eligible customers on their monthly natural gas bill. Eligible customers who are approved within 90 days after starting new gas service will also receive a \$15 discount on the Service Establishment Charge.

**Eligibility Requirements:** There are two ways to qualify:

1. If you or another person in your household receives benefits from any of the programs:
  - a. Medi-Cal/Medicaid
  - b. Medi-Cal for families A&B
  - c. WIC
  - d. CalWORKs (TANF) or Tribal TANF
  - e. Head Start Income Eligible – Tribal Only
  - f. Bureau of Indian Affairs General Assistance
  - g. CalFresh (Food Stamps)
  - h. National School Lunch Program (NSLP)
  - i. Low Income Home Energy Assistance Program (LIHEAP)
  - j. Supplemental Security Income (SSI)
  
- a. 1 Includes Welfare-to-Work

OR

2. Total income for all persons in your household meets the following income guidelines:

Household Size	Total yearly household income not more than:
1 - 2	\$32,040
3	\$40,320
4	\$48,600
5	\$56,880
6	\$65,160
7	\$73,460
8	\$81,780

\*Includes current household income from all sources before deductions.

For each additional person in your household add \$8,320. These income guidelines are effective June 1, 2016 thru May 31, 2017.

### Conditions for Participation:

- The gas bill must be in your name and the address must be your primary address.
- You must not be claimed as a dependent on another person's income tax return other than your spouse.
- You must recertify your application when requested.
- You must notify So Cal Gas within 30 days if you no longer qualify.
- You may be asked to verify your eligibility for CARE

### Apply for CARE by Mail

Mail completed form to:  
So Cal Gas CARE Program GT19A1  
P.O. Box 3249  
Los Angeles, CA 90051  
For more information call 1-800-427-2200

## Utility Assistance continued:

### The Direct Assistance Program (DAP)

**Eligibility Requirements:** This program offers no-cost energy saving home improvements. It's offered to customers who rent or own their homes and meet required guidelines.

No-cost home improvements may include the installation of:

- Attic insulation
- Door weather-stripping
- Caulking
- Water heater blankets
- Switch and outlet gaskets
- Faucet aerators
- And other minor home improvements

To learn more and to speak to a DAP Representative, complete a request form at [www.socalgas.com](http://www.socalgas.com) or call 1-800-331-7593

### Gas Assistance Fund (GAF)

**Eligibility Requirements:** This is a seasonal program administered by the United Way, that helps income-qualified customers pay their gas bills with one-time grant up to \$100 toward the gas bill (during specific winter months).

Medical Baseline Program

**Eligibility Requirements:** Customers or any members of their household with a specific medical condition requiring space heating may receive additional natural gas heat at a lower baseline rate.

## Miscellaneous Community Resources:

### Adult Education

**Description:** Basic education and ESL courses for adults. Classes offered at the COD campuses in Desert Hot Springs, Palm Desert and Indio.

**Ages:** Adults only

**Eligibility Requirements:** None

**Location:** 43500 Monterey Ave. Palm Desert, CA 92260

**Phone:** 760-776-7348

### Big Brothers Big Sisters of the Desert:

**Description:** Youth mentoring organization aimed to help children in the community through one-one relationships with mentors.

**Ages:** 6 through 14 (Can stay in program till 18)

**Eligibility Requirements:** Must reside in Coachella Valley

**Payment:** None

**Location:** 42600 Cool Street Suite 110 Palm Desert, CA 92211 (Desert Hot Springs, La Quinta, Indio and Coachella)

**Phone:** 760-568-3977

### SAGE Works (The Center)

**Description:** Six week job training course specifically designed for lesbian, gay, bisexual and transgender older adults who are unemployed, underemployed or going through a career transition. Provides outpatient counseling and support groups for individuals and couples.

**Ages:** Adults and children 12 & up.

**Eligibility Requirements:** None

**Location:** 1301 N. Palm Canyon Dr. # 301 Palm Springs, Ca. 92262

**Phone:** 760-416-7790

## Miscellaneous Community Resources Continued:

### California Low Cost Auto Insurance

**Description:** State-sponsored program offers an affordable liability car insurance policy that meets state financial laws to income qualified customers. Two vehicles per person may be covered for a primary & secondary driver. Individual car owners under the same household must buy separate policies. All vehicles within the household must be covered by this insurance program.

\* Recently AB60 licensed drivers may be eligible regardless of immigration status. \*

\* If you qualify for the program, additional information and documents will be required.

\* CalFresh, Calworks, Medi-Cal, Universal Lifeline, LIHEAP, EDD and SSI recipients may automatically qualify.

**Ages:** 19+ years of age

**Eligibility Requirements:** Must have a current/valid CA Driver's License, be over the age of 19, own a vehicle valued at \$25,000 or less and meet the following household income eligibility requirements:

1. Person \$29,700
2. Person \$40,050
3. Person \$50,400
4. Person \$60,750
5. Person \$71,100
6. Person \$81,450

Person+ Visit the website or call for additional household member size and maximum income amounts.

\* If you qualify for the program, additional information and documents will be required.

\* CalFresh, Calworks, Medi-cal, Universal Lifeline, LIHEAP, EDD and SSI recipients may automatically qualify.

**Payment:** Premium range \$213 to \$472

**Location:** Apply online at: [www.mylowcostauto.com](http://www.mylowcostauto.com) or call if no inter-net available.

**Phone:** 866-602-8861

### Cash Assistance Program for Immigrants (CAPI)

**Description:** Cash assistance for aged, blind and disabled non-citizens (Resident of CA).

**Ages:** Adults

**Eligibility Requirements:** Aged, blind and disabled non-citizens

**Website:** [www.cdss.ca.gov](http://www.cdss.ca.gov)

**Payment:** No fees

**Location:** 68625 Perez Rd. Suite 1 Cathedral City, CA 92234

**Phone:** 951-791-3709

### CVHIP.com

**Description:** Community Resource website (211).

### Desert AIDS Project:

**Description:** Comprehensive HIV/AIDS service provider providing holistic HIV care, prevention awareness, support groups and more.

**Ages:** All ages

**Eligibility Requirements:** No requirements unless specified (Health Center is a federally qualified Health Center).

**Payment:** Varies

**Location:** 1695 N. Sunrise Way Palm Springs, CA 92262

**Phone:** 760-323-2118

### Desert Arc:

**Description:** Desert Arc is committed to enhancing the quality of life and creating opportunities for people with disabilities. Serving more than 600 clients in the Coachella valley and Morongo Basin, Desert Arc provides vocational training, job placement and employment, independent living support and more.

**Ages:** Adults

**Eligibility Requirements:** Contact center

**Payment:** No Cost

**Location:** 73255 Country Club Palm Desert, CA 92260

**Website:** [Desertarc.org](http://Desertarc.org)

**Phone:** 760-346-1611

## Miscellaneous Community Resources continued:

### **Gilda's Club:**

**Description:** Support groups and workshops to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action and sustained by community. Gilda's Club optimizes patient care by providing essential, but often overlooked services including support groups, education and healthy lifestyle programs.

**Ages:** Children to Adults affected by cancer

**Eligibility Requirements:** Gilda's Club is for people dealing with cancer, whether they are currently living with cancer, have a family member or friend living with cancer, have cancer or have lost a loved one to cancer.

**Payment:** Free

**Location:** 73555 Alessandro Dr. Palm Desert, CA 92280

**Phone:** 760-770-5678

### **Inland Counties Legal Services:**

**Description:** Advocates available to provide legal advises and counsel through free legal aid clinics (legal assistance, housing matters, etc.).

**Ages:** Adults and their families & seniors.

**Eligibility Requirements:** Low income and seniors

**Payment:** No Cost

**Location:** 82632C US Highway 111 Indio CA, 92201

**Phone:** 800-226-4257, 760-342-1591

**Website:** [www.inlandlegal.org](http://www.inlandlegal.org)

### **Legal Services (Desert Legal Aid)**

**Description:** Free and low-cost legal services.

**Ages:** Adults and their families

**Eligibility Requirements:** Low-income baseline (for those who rely on fixed incomes)

**Website:** [www.desertlegalaid.org](http://www.desertlegalaid.org)

**Location:** Cathedral City & Palm Springs

**Phone:** 760-832-9770

### **PFLAG:**

**Description:** Parents, Families, Friends and Allies United with LGBTQ people serving Palm Springs and desert communities.

**Ages:** All ages

**Eligibility Requirements:** Membership based.

**Website:** [www.Psflag.org](http://www.Psflag.org)

**Payment:** No Cost

**Location:** PO Box 402 Cathedral City, 92235

**Phone:** 760-202-4430

### **Operation School Bell:**

**Description:** Operation School Bell provides new school clothes, hygiene kit and backpacks to children in need as recommended by various school districts. The ultimate goal of this project is to help a child establish a good self-esteem.

**Ages:** 18 and over. The children's program works with the children of addicts, ages 7 to 12.

**Eligibility Requirements:** Requires a referral by school personnel. Must have appropriate paperwork

**Payment:** No fees charged.

**Location:** 68355 Ramon Road Cathedral City, CA 92270

**Phone:** 760-321-1990

### **Riverside County Education Academy Military Charter School**

**Description:** School for 9 to 12 graders, college prep, leadership, structure and credit deficient.

**Ages:** 9<sup>th</sup> to 12<sup>th</sup> grade

**Eligibility Requirements:** None

**Website:** [www.rcea.us](http://www.rcea.us)

**Location:** 44801 Golf Center Parkway Indio, CA 92201

**Phone:** 760-863-3112